

2011 INBF MonsterMash Bodybuilding and Figure Application

Saturday November 5, 2011

Marlborough Middle School

Prejudging 10:00 AM Finals 5:00 PM

Entry fee for all classes \$75.00 (*Competitors will pay the polygrapher directly for testing.) -. Crossover Fee \$50.00

All entry fees are payable to **NANCY ANDREWS**. The application due date is **October 24, 2011**. Any application received after October 24, 2011 will require a late fee of \$50. Email or call to schedule your polygraph test. We will have sites in Woburn, Marlborough, Quincy and Worcester. Additional sites may be added so check the website.

All fees are non-refundable

Figure, Master's, Novice Men and Novice Women will be split based on entries. Classes will be determined on the day of the show. Crossovers will be allowed (\$50 crossover fee). Exception - No crossovers from Novice to Open Classes. Women may do bodybuilding, fitness and figure, Best Body and Ms Fit. **Best Body Bikini and Ms Fit Body are new classes offered this year! All Competitors are required to take a Polygraph Test.** The overall winners for the open classes in bodybuilding and figure will qualify for WNBFF Pro status.

Check Class:

Open Women LW Bodybuilding - under 118 lbs
 Open Women HW Bodybuilding- 118 lbs and over
 Master's Women Bodybuilding - over 40 years
 Novice Figure Height ____ ft ____ in
 Open Figure - Women 2 piece swimsuit only.
Please include height. Height ____ ft ____ in
 Master's Figure - over 40 years
 BEST BODY Bikini Height ____ ft ____ in
 BEST BODY Bikini Master's (40 yrs and over)
 Ms. Fit Body Height ____ ft ____ in
 Ms. Fit Body Master's (40 yrs and over)

MEN'S CLASSES

Teenage Men (19 years and under)
 Junior Men (Under 24 Years old)
 Men's Novice Competition weight _____
 Open Men LW - under 156 lbs
 Open Men MW - 156 to 174 lbs
 Open Men LHW - 174 1/4 to 190 lbs
 Open Men HW - 190 lbs and over
 Master's Men - over 40 years
 Grandmaster's Men - over 50 years
 Super CLASS – over 60 years

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Email _____

Weight _____ DOB _____

Gym you represent _____

Trainer _____

Titles _____

Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and releases any and all rights and claims for damages I may have against International Bodybuilding Federation Inc. (INBF), Marlborough Public School System, World Natural Bodybuilding Federation (WNBFF), Nancy Andrews and any sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2011 INBF Monster Mash Bodybuilding Championship on November 5, 2011

Signature: _____ Date: _____

Signature of parent or guardian (if under 18): _____

Complete this form, print it, and mail it along with signed Banned Substances sheet to:

Nancy Andrews, 2 Guinevere Circle, Shrewsbury, MA, 01545

HOST HOTEL –Courtyard Marriott 75 Felton St. Marlborough, MA 508-263-9149 Group Rate \$99 booked by October 24, 2011
TANNING SERVICE – Elite Bronzing Contact MB at www.elitebronzing.com